



# DTES COMMUNITY RESOURCE GUIDE

WINTER 2020

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## 1 - Free or Low Cost Goods

### *A - Free Food*

#### ***Carnegie Alley***

-401 Main St

-Free Indian food: Sun

-11:00 am

#### ***Church Group Outside of Regent Hotel***

-160 E Hastings St

-Free sandwiches: Sun and Tue

-9:45 am

#### ***Door is Open***

-255 Dunlevy Ave

-Lunch: Mon, Tue, Thurs, Fri, Sat, Sun

-11:00 am - 12:30 am

### ***DTES Neighborhood House***

-573 E Hastings

-Breakfast: Mon and Wed

-Mon: 10:00 am -12:00 pm

-Wed: 10:00 am - 11:00 am

-Lunch: Wed

-11:00 am - 2:00 pm

### ***DTES Women's Centre***

-302 Columbia St

-Breakfast: Mon and Thurs

-9:30 am

-Lunch: Daily

-12:30 pm - 1:45 pm

### ***Dugout Drop-In Centre***

-59 Powell St

-Coffee and soup: Mon - Sat

-7:15 am

-Coffee and soup: Sun and holidays

-8:30 am

### ***Harbour Light***

- 119 E Cordova St,
- Lunch: Mon through Fri
  - 11:00 am
- Dinner: Mon, Wed, Fri - Sun
  - 4:00 pm

### ***Powell Street Getaway***

- 528 Powell St
- Snack food every two hours: daily
  - 10:30 am - 6:30 pm

### ***Salvation Army Soup Truck***

- 222 Main St
- Soup and sandwich: Tues / Sun
  - 9:45 pm – 11:00 pm

### ***Sheway Pregnant Women's Lunch***

- 101 – 533 E Hastings St
- Lunch: daily
  - 11:30 am – 1:30 pm

### ***UGM Cornerstone***

-601 E Hastings

-Lunch: Mon - Saturday

-9:45 am – 11:00 am

-Dinner:

-Monday-Friday @ 6:30pm

-Saturday-Sunday @ 4:00 pm

### ***WISH Drop In***

-334 Alexander Street

-Breakfast, lunch, and dinner: daily

-Dinner: 6pm-8pm

-Evening Snack: 10pm

-Overnight Snack: 1am-4am

-Breakfast: 7am-9am

-Morning Snack: 10:30am

## ***B – Low Cost Meals and Food Programs***

### ***Carnegie Centre***

-401 Main St

-Breakfast, lunch, and dinner: daily

-Breakfast: 9:00 am -11:00 am

-Lunch: 12:00 pm - 4:00pm

-Dinner: 5:00 pm - 8:00 pm

### ***Evelyne Saller Centre***

-320 Alexander St

-Breakfast, lunch, and dinner: daily

-Breakfast: 10:00 am - 12:00 pm

-Lunch: 12:00 pm - 3:00pm

-Dinner: 3:00 pm - 5:50 pm

### ***Gathering Place***

- 609 Helmcken St
- Breakfast, lunch, and dinner: daily
  - Breakfast: 10:00 am -11:00 am
  - Lunch: 12:00 pm – 1:25pm
  - Dinner: 4:00 pm - 5:25 pm

### ***Powell Street Getaway Food Program***

- 528 Powell St
- Free hamper of food upon move in
- Requires referral after 1pm

### ***Quest***

- 611 E Hastings
- Cheap groceries - requires referral
  - Mon and Sat: 9:00 am - 4:15 pm
  - Tues - Fri: 9:00 am - 6:15pm
  - Sun and Holidays: Closed

## ***Vancouver Foodbanks***

-Call 604 876 3601 for locations

## ***C - Free Clothing***

### ***Atira Women's Resource Centre***

-101 East Cordova

-Women only

-Clothing donations available daily

-9:00 am - 5:00 pm

### ***Downtown Eastside Women's Centre***

-302 Columbia St

-Women only

-Clothing donations available daily

-10:00 am - 12:00 pm

-2:00 pm - 4:30 pm

### ***Powell Street Getaway***

-528 Powell St

-Free clothing donations: daily

-Any time after 1:00 pm

### ***New Fountain Shelter***

-356 E Hastings St

-Free clothing: daily

-7:00 pm - 11:00 pm

### ***Salvation Army Family Services***

-134 E Cordova

-With referral: \$50 gift certificate

-8:30 pm - 7:30 pm

### ***Triage Shelter***

-707 Powell St

-Free clothing donations: daily

-Drop in hours:

-8:30 am – 7:00 pm

### ***Union Gospel Mission***

- 601 E Hastings Street
- Talk with a counselor to get clothing
- Men only
  - Monday – Friday: 7:30 am – 5:00pm
  - Saturday: 10:30 am – 12:00pm
  - Sunday: 3:30 pm – 5:00pm

### ***YWCA***

- 533 E Hastings Street
- For women and families
  - Monday – Friday: 8:30 am – 5:00pm

### ***D - Free or Low Cost Furniture and Household Items***

### ***Homestart Foundation***

- Referral only
- May require an Intent to Rent
- Call 604-708-9556 for more info

## **WRAGS**

- Free bed and bedding delivered to you
- Call 604-214-0613 for more info

## ***E - Free Phones and Computers***

### ***Free Geek***

- Free computer for volunteer time
- Drop by to fill out an application
  - Tue, Thu, Fri, Sat: 11:00am - 6:00pm
  - Wed: 11:00 am - 8:00 pm

### ***Powell Street Getaway***

- 528 Powell St
- Free emergency phones
- Sex workers only

## **2 - Accommodations**

### ***A - CO-ED Shelters***

#### ***Aboriginal Shelter***

- 201 Central St
- Low barrier
- No use on site / can be intoxicated
- Intakes start at 4:30 pm

#### ***Anchor of Hope***

- 134 E Cordova St
- High barrier
- No drug use on site / can't be intoxicated
- Intakes start at 8:00 pm

#### ***Lookout Al Mitchell Place***

- 346 Alexander Street
- Low barrier
- Intakes start at 8:30 am
- Call 604 681 9126 after 9:00 am

### ***Belkin House***

- 555 Homer St
- High barrier
- No drug use on site / can't be intoxicated
- Intakes anytime

### ***First United Church***

- 320 E Hastings St
- Low barrier
- No use on site / can be intoxicated
- Call 604-839-6880 for intake

### ***New Fountain***

- 356 E Hastings
- Ultra low barrier
- Drug use permitted on site
- Intakes start at 7:00 pm

### ***Triage***

- 707 Powell St
- Ultra low barrier
- Drug use permitted on site
- Drop by main desk for intake

### ***Lookout Yukon Shelter***

- 2088 Yukon St
- Low barrier
- No use on site / can be intoxicated
- Call 604 264 1680 for intake

## ***B - Shelters for Men***

### ***The Beacon***

- 119 E Cordova Street
- Low barrier
- No use on site / can be intoxicated
- Intakes at 4:00pm

### ***Catholic Charities***

- 828 Cambie St
- Low barrier
- No use on site / can be intoxicated
- Intakes at 4:00pm – 11:00pm nightly

### ***The Haven***

- 128 E Cordova St
- High barrier
- No use on site / can't be intoxicated
- Intakes at 8:00am – 11:00pm

### ***Union Gospel Mission***

- 601 E Hastings St
- High barrier
- No use on site / can't be intoxicated
- Intakes at 8:30 pm

## ***C - Shelters for Women and Women with Children***

### ***Women's Centre Emergency Shelter***

- 412 E Cordova St
- Low barrier
- No use on site? / can be intoxicated
- Intakes at 5:45 pm

### ***Powell Place***

- 329 Powell St
- Low barrier
- No use on site / can be intoxicated
- Call 604 602 9463 for intake

### ***Sister Shelter***

- 131 Dunlevy Ave
- Low barrier
- No use on site / can be intoxicated
- Intakes at 6:00 pm

## ***D - Women's Transition and Safe Homes***

### ***Aboriginal Mothers Centre***

-2019 Dundas St

-Call 604-558-2627 for intake

### ***Healing Spirit Lodge Transition House***

-3965 Dumfries Street

-Call 604-874-6629 for intake

### ***Kate Booth House***

-Call 604-872-7774 for crisis line

### ***Peggy's Place***

-Call 604-430-5202 for intake

### ***Springhouse Safe House***

-High barrier safe house

-Accepts male children over 12

-Call 604-606-0412 for intake

### ***Vi Fineday***

-1906 W 15th Ave

-Call 604-736-2423 for intake

## ***E - Shelters for Families***

### ***Belkin House***

-555 Homer St

-High barrier

-No drug use on site - can't be intoxicated

-Call 604 681 3405 for intake

### ***Vi Fineday Family Shelter***

-Must be 2 weeks clean prior to admission

-No drug use on site - can't be intoxicated

-Call 604-879-0244 for intake

### ***Welcome House for Immigrants***

-530 Drake St

-Call 604-684-7498 from 9:00am-5:00pm

## ***F - Emergency Shelters***

### ***BC 211***

- Shelter and street help phone line
- Dial 2-1-1 for assistance

### ***Belkin House***

- 555 Homer St
- High barrier
- No drug use on site - can't be intoxicated
- Call 604 443 3292 for intake

### ***Catholic Charities***

- 828 Cambie St
- Low barrier
- Men only
- No use on site / can be intoxicated
- Intakes at 4:00 – 11:00pm

### ***Evelyne Saller Centre***

- 320 Alexander St
- Low Barrier
- Intakes at 10pm

### ***First Baptist***

- 969 Burrard Street
- High barrier
- No use on site / can't be intoxicated
- Intakes at 9:30 pm

### ***Gathering Place***

- 609 Helmcken St
- Low barrier
- No use on site / can be intoxicated
- Intakes at 12:00 pm

### ***Habor Light***

- 119 E Cordova St
- High barrier
- No use on site
- Intakes at 10:00pm

### ***Powell Street Getaway***

- 528 Powell St
- No use on site / can be intoxicated
- Open during subzero temp and torrential rain

### ***Union Gospel Mission***

- 601 E Hastings St
- High barrier
- No use on site / can't be intoxicated
- Intakes at 8:30 pm

## ***G - Housing Advocacy***

### ***Atira Women's Resource Society***

- 101 E. Cordova
- Assistance with finding housing
- Drop-in anytime between:
  - Mon - Fri – 8:30 am – 5:00 pm

### ***BC Housing Orange Hall***

- 297 E Hastings St
- Assistance with finding housing
- Drop-in anytime between:
  - Mon - Fri - 10:00 am - 4:00 pm

### ***Carnegie Outreach***

- 392 Powell St
- Assistance with finding housing
- Drop-in anytime between:
  - Mon - Fri - 9:00 pm - 4:00 pm

### ***City of Vancouver Maintenance Line***

- Call 311 to report housing issues

### ***DTES SRO Collaborative***

- Advocacy for private SRO Tenants
- Call 604-839-0379

### ***First United Church Advocacy***

- 542 E Hastings St
- Drop in housing advocacy
- Mon, Wed, Fri: 9:00 am -11:00 am
- Tues, Thurs: 12:30 pm - 2:30 pm

### ***Rent Bank***

- 200 - 739 Gore Avenue
- 604 566 9685
- Short term funding for rent, utilities, etc.

### ***Tenant Resource and Advocacy***

- 542 E Hastings St
- Call toll-free 604 685 3425

## ***G - Referrals for Independent Living***

### ***Burnaby BC Housing Head Office***

-4555 Kingsway #101

-Open hours:

-Mon - Fri – 8:30 am – 4:30 pm

### ***Carnegie Outreach***

-392 Powell St

-Assistance with finding housing

-Drop-in anytime between:

-Mon - Fri - 9:00 pm - 4:00 pm

### ***Vancouver BC Housing Head Office***

-510 – 369 Terminal Ave

-Open hours:

-Mon - Fri - 8:30 am - 4:30 pm

### **3 - Medical Services**

#### ***A - Emergency***

##### ***Car 87***

-604-874-7307

-Police attended mental health team

#### ***B – Hospitals***

##### ***BC Women's Hospital***

-4500 Oak St

-604 875 2424

-Harm reduction clinic for pregnancy

-Emergency open 24/7

##### ***Mount St. Josephs***

-3080 Prince Edward St

-604 874 1141

-Emergency open 8:00am - 4:00pm

***St. Paul's***

1081 Burrard St

-604 806 9090

-Emergency open 24/7

***Vancouver General Hospital***

-899 W 12th Ave

-604 875 4111

-Emergency open 24/7

***C - Free and Low Cost Medical  
Services***

***Downtown Community Health Centre***

-569 Powell Street

-604-255-3151

-Primary care – self referral walk-in

-Mon - Fri: 8:30 am - 8:30 pm

-Sat - Sun: 8:30 am - 6:00 pm

### ***Heatley Clinic***

-330 Heatley Ave

-604 675 3585

-Primary care – self referral walk-in

-Mon - Sat: 8:30 am - 5:30 pm

### ***Native Health Clinic***

-455 E Hastings St

-604 255 9766

-Primary care – self referral walk-in

-Mon - Thurs: 9:30 am – 8:30 pm

-Sat: 9:30 am – 2:30 pm

-Sun: 9:30 am – 12:30 pm

### ***Ravensong***

-330 Heatley Ave

-604 709 6400

-Primary care – self referral walk-in

-Mon - Sat: 8:30 am - 4:30 pm

## ***D - Free and Low Cost Emergency Dental Clinics***

### ***Heo Denture Clinic Inc.***

-736 Granville St #910

-604 689 0919

-Will work out a dental plan with you

### ***Mid Main Street Dental***

-3998 Main St

-Primary dental care facility

-Will take folks on disability and welfare

### ***Native Health Clinic***

-455 E Hastings St

-604 255 9766

-Emergency dental clinic

-Walk-in appointments

### ***PHS Dental Clinic***

-12 E Hastings St

-778 371 0060

- Emergency dental clinic
- Walk-in appointments

### ***E - Laundry, Showers, Delousing***

#### ***Coast Mental Health***

- 293 E 11<sup>th</sup> Ave
- Free laundry and showers: daily
  - Mon – Thurs: 8:00 am – 9:00 pm
  - Fri: 8:00 am – 6:00 pm

#### ***Evelyne Saller Centre***

- 320 Alexander St
- Free Laundry (1 Bag per Day)
  - Mon – Fri: 9:00am – 11:00pm
  - Sat – Sun: 10:00am – 10:00pm

### ***Gathering Place***

- 609 Helmcken St
- Showers, delousing
- Free laundry 1 bag per day
- First come first served
- Everyday: 10:00 am – 8:00 pm

### ***Powell Street Getaway***

- Free laundry 1 bag per day
- First come first served
- Everyday: 9:00 am – 9:00 pm

## ***G - HIV+ and HEP-C Resources***

### ***Dr Peter AIDS***

- 1110 Comox St
- 604 608 1879
- Office hours:
  - Everyday: 9:00 am – 8:00 pm

### ***Immunodeficiency Clinic St. Paul's Hospital***

-1081 Burrard Street – 5<sup>th</sup> Floor B512

-604 806 8060

-Office hours:

-Mon - Thurs: 8:00 am – 8:00 pm

-Mon - Fri: 8:00 am – 4:00 pm

### ***Youth Co. AIDS Society***

-568 Seymour Street 205

-604 668 1491

-Youth age 16-24

### ***Vancouver AIDS Society***

-1101 Seymour Street – 2<sup>nd</sup> floor

-604 893 2201

-Office hours:

-Tues - Thurs: 10:00 am – 4:00 pm

-Fri - Mon: 11:00 am – 4:00 pm

## ***Vancouver Native Health Society***

-449 E Hastings Street

-604 255 9766

-Office hours:

-Tues - Thurs: 10:00 am – 4:00 pm

-Fri - Mon: 11:00 am – 4:00 pm

## ***H - Mental Health Support Resources***

### ***Mental Health Emergency Services (24hrs)***

-Call 604 874 7307 for helpline

## ***Kettle Society***

-1725 Venables St

-Temporary housing program

-Complete referral form from website

-Mon - Thurs: 9:30am – 5:00pm

## ***MPA Society***

- 122 Powell St
- 604 482 3700
- Every day: Open 24/7

## **4 - Drug User Resources**

### ***A - Drug User Groups***

#### ***Coalition of Peers***

- Call 604 313 6557 for more info

#### ***Tenant Overdose Response Organizers***

- 268 Keefer Street #205
- Drop by office for more info

#### ***Vancouver Area Network of Drug Users***

- 380 East Hastings
- Call 604 683 6061 for more info

## ***Western Aboriginal Harm Reduction Society***

-380 East Hastings

-Call 604 683 6061 for more info

## ***B - Overdose Prevention Sites***

### ***Get Your Drugs Tested***

-139 E Hastings

-Everyday: 12:00pm - 8:00pm

### ***Insite***

-139 E Hastings

-Everyday: 9:00am - 2:30am

### ***Maple OPS***

-177 East Hastings

-Everyday: 7:00am - 2:30pm

### ***Molson OPS***

-166 East Hastings

-Everyday: 1:00pm - 10:30pm

### ***Overdose Prevention Society***

- 58 East Hastings
- 62 East Hastings (Alley for Smoking)
- 8:00am - 10:30pm

### ***Oppenheimer OPS Tent***

- 400 Powell Street
- Open 24/7

### ***Powell Street Getaway***

- 528 East Hastings
- 8:00am - 10:30pm

### ***St Paul's Overdose Prevention site***

- 1081 Burrard Street
- 11:00am - 10:30pm

### ***Sisterspace***

- 135 Dunlevy Ave
- 6:00am - 11:30am
- 6:00pm - 11:30pm
- Women only

### ***Vancouver Area Network of Drug Users***

- 380 East Hastings
- 10:00am – 10:00pm

### ***C - Harm Reduction Supplies***

### ***Downtown Community Health Centre***

- 569 Powell Street
- 604 255 3151
- Hours:
  - Mon – Fri: 8:30 am – 8:00pm
  - Sat - Sun: 8:30 am – 6:00 pm

### ***Robert and Lily Lee HR Booth***

-1669 E Broadway

-8:30am – 4:30pm – Closed on weekends

### ***PHS Mobile Needle Van***

-Call 604 657 6561

-Harm reduction delivery and drop off

### ***VIDUS***

-439 E Hastings St

-Mon – Thurs: 8:30am – 5:00pm

### ***Washington Needle Depot***

-185 E Hastings St

-AKA “The Window”

-Open 24/7

### ***D - Needle Pick Up***

### ***Mission Possible***

-Call 604.253.4469 (ext. 152) for pickup

### ***PHS Mobile Needle Van***

-Call 604 657 6561 for pickup

### ***Spikes on Bikes***

-Call 604 202 3517 for pickup (DTES)

-Call 604 317 1315 for pickup (West End)

### ***SYJA***

-Call 604 633 1472

## ***E - Detox Resources***

### ***Access Central Detox***

-Call 1 888 658 1221 for info

-Referrals to all detox centers

### ***Addiction and Detox Info Line***

-Call 604 660 9382 for info

### ***Aboriginal Wellness Program***

- 288 2750 E Hastings
- Call 604 683 6061 for info

### ***Daytox***

- 1699 E Broadway
- Call 866 658 1221 for info

### ***Family Services of Vancouver***

- 201 1638 East Broadway
- Call 604 731 4951 for info

### ***Harbour Light Detox***

- 119 E Cordova Street
- Call 604 646 6844 for info

### ***Native Courtworkers***

- 1999 Marine Drive #207
- Call 604 985 5355 for info

### ***Onsite Detox***

- 139 E Hastings Street
- Call 604 687 7483 for info

### ***Sunshine Coast Health Centre***

- 601 W Broadway
- Call 1 855 335 0331 for info

### ***Together We Can***

- 2831 Kingsway
- Call 604 451 6854 for info

### ***UGM Detox***

- 601 E Hastings
- Call 604 253 3323 for info

### ***Vancouver Detox***

- 377 E 2nd Ave
- Call 604 658 1280 for info

## ***F - Methadone Clinics and Support***

### ***Columbia Clinic***

-350 Columbia Street

-604 879 7908

-Hours:

-Mon – Fri: 9:00 am – 4:30 pm

-Sat, Sun: Closed

### ***Connections Clinic***

-623 Powell Street

-604 675 3600

-Hours:

-Daily: 8:30 am – 7:30pm

### ***Doc-Side Medical Clinic***

-125 Main Street

-604 633 1234

-Hours:

-Mon, Wed, Fri: 12:00 pm – 5:00 pm

-Tues, Thurs: 9:30 am – 5:00 pm

-Sat, Sun: Closed

### ***Heatley Clinic***

-330 Heatley Ave

-604 675 3585

-Primary care – self referral walk-in

-Mon - Sat: 8:30 am - 5:30 pm

### ***Pier Health Resource Centre***

-223 Main Street

- 604 891 1480

-Hours:

-Mon - Sat: 8:00 am – 5:00 pm

***Pender Community Health Centre***

-59 West Pender St

-604 669 9181

-Hours:

-Mon - Fri: 8:30 am – 4:30 pm

***Rapid Access at St Pauls***

-1081 Burrard Street 2<sup>nd</sup> Floor

-604 652 2344 Ext 64245

-Hours:

-Everyday: 9:00 am – 4:00 pm

***Ravensong Community Health Centre***

-2450 Ontario Street

-604 709 6400

-Hours:

-Mon - Fri: 8:30 am – 5:00 pm

### ***Three Bridges Community Health Centre***

-1292 Hornby Street

-604 331 8900

-Hours:

-Mon – Fri: 8:30 am – 4:30 pm

-Sat – Sun: 10:00 am – 5:00 pm

### ***Vancouver Native Health Society***

-449 East Hastings Street

-604 255 9766

-Hours:

-Mon – Fri: 9:30 am – 8:00 pm

### ***Women's Health Collective***

-29 W Hastings St

-604 633 1234

-Hours:

-Mon: 9:00 am – 5:00 pm

-Tues, Wed, Thurs: 12:00 pm – 5:00 pm

-Mon: 9:00 am – 2:00pm

-Sat, Sun: Closed

## ***G - Recovery Support Groups***

### ***AA Central Office***

-Call 604 434 3933 to find about AA groups

### ***BC-211***

-Call 211 to connect to recovery supports

### ***NA Central Office***

-Call 604 837 1018 to find about NA groups

## ***H - Other Drug User Supports***

### ***Overdose Outreach Team***

- 524 Powell
- Call 604 360 2874
- Connections to IOAT / OAT
- Get help navigating health coverage
- Overdose prevention education
- 604 255 9766
- Hours:
  - Mon – Fri: 8:00 am – 6:00 pm

## **5 - Drinker Resources**

### ***Drinkers Lounge Drop In***

- 111 Princess Ave
- Meetings Tuesdays at 10:00am
- Hours:
  - Mon – Fri: 10:00 am – 2:00 pm

***Eastside Illicit Drinkers Group for Education***

-380 East Hastings

-Meetings Mondays at 11:00am

**6 - Sex-Worker Support**

***Bad Date Reporting through WISH***

-Email: [admin@wishdropincentre.org](mailto:admin@wishdropincentre.org)

-Fax: 604-669-9479

-In person: 334 Alexander Street

-Everyday: 6:00 pm – 12:00pm

***Mobile Access Project - MAP Van***

-Call 604 720 5686

***PACE***

-148 W Hastings

-Mon – Fri: 10:30am – 4:30pm

### ***WISH Drop In***

- 334 Alexander Street
- Open 6:00pm – 12:00pm

## **7 - Support Groups for Women**

### ***Atira Women's Resource***

- 101 E Cordova St
- Mon – Fri: 8:30am – 5:00pm

### ***Battered Women's Support Services***

- Call 1 855 687 1868
- Mon – Fri: 10:00am – 5:00pm

### ***Downtown Eastside Women's Centre***

- 302 Columbia Street
- Thurs – Tues: 10:00am – 5:00pm
- Wed: 11:00am – 5:00pm

### ***Crabtree Corner***

-533 E Hastings St

-604 216 1650

-Hours:

-Wed - Mon: 8:45 am – 3:30 pm

### ***PACE***

-148 W Hastings St.

-604 872 7651

-Hours:

-Mon – Thurs: 10:30 am – 4:00 pm

### ***Sheway Program***

-533 E Hastings St

-604 872 7651

-Hours:

-Everyday: 10:30 am – 4:30 pm

### ***Sisterspace***

- 135 Dunlevy Ave
- 6:00am - 11:30am
- 6:00pm - 11:30pm

### ***Vancouver Status of Women***

- 2652 E Hastings St
- 604 255 6554

### ***DTES Women's Health Collective***

- 29 W Hastings
- 604 763 5262
- Hours:
  - Mon: 9:00 am – 5:00 pm
  - Tues, Wed, Thurs: 12:00 pm – 5:00 pm
  - Mon: 9:00 am – 2:00pm
  - Sat, Sun: Closed

### ***WISH Drop In***

- 334 Alexander Street
- 604 669 9474
- Open 6:00pm – 12:00pm

## **8 - Support Groups for Men**

### ***Central City Lodge***

- 415 W Pender
- Call 604 681 9111 for programming

### ***DUDES Club***

- 626 Powell St
- Meets twice a month on Thursday: 4pm-7pm
- Think Tanks on Tuesday: 2pm
- Men's Talking Circle on Monday: 2pm

## **9 - Indigenous Supports**

### ***Aboriginal Friendship Centre***

- 1607 E Hastings
- 604 251 4844
- Open 9:00am – 10:00pm

### ***Aboriginal Front Door***

- 384 Main Street
- 604 697 5662
- Open Mon-Fri: 9:00am – 5:00pm

### ***DUDES Club***

- 626 Powell St
- Meets twice a month on Thursday: 4pm-7pm
- Think Tanks on Tuesday: 2pm
- Men's Talking Circle on Monday: 2pm

### ***Kilala Lelum Health Centre***

- 626 Powell St
- 604 620 4010
- Mon – Fri: 9:30am – 5:30pm

### ***Helping Spirit Lodge***

-3965 Dumfries St

-604 874 6629

-Open Mon-Fri: 8:30am – 4:30pm

### ***Native Courtworkers***

-1999 Marine Dr

-604 985 5355

-Open Mon-Fri: 9:00am – 4:30pm

### ***Residential School Survivors***

-44 East Cordova

-604 985 9464

-Open Mon-Fri: 8:30am – 4:30pm

### ***Saa'ust Centre***

-44 East Cordova

-604 684 1178

-Open Mon-Fri: 9:00am – 5:00pm

### ***Urban Native Youth Association***

- 44 East Cordova
- 604 254 7732
- Open Mon-Fri: 9:00am – 5:00pm

### ***Western Aboriginal Harm Reduction Society***

- 380 East Hastings
- Call 604 683 6061 for more info

## **10 - Disability Resources**

### ***Disability Alliance BC***

- 256 W Broadway #204
- 1 800 663 1278
- Open Mon-Fri: 8:30am – 4:30pm

### ***Kettle Society***

- 1725 Venables St
- 604 251 2801
- Temporary housing program

- Complete referral form from website
- Mon - Thurs: 9:30am – 5:00pm

## **11 – Supports for Seniors**

### ***Vancouver Second Mile Society***

- 509 E Hastings
- 604 254 2194
- Drop In:
  - Mon – Fri: 8:30 am – 3:00 pm
  - Sat: 8:00 am – 2:00 pm

## **12 - Legal Advocacy Resources**

### ***Atira Legal Advocacy Program***

- 101 East Cordova
- 604 537 1307 – Ext 114
- Women's and family services lawyer
- Open Mon-Fri: 9:00 am – 5:00 am

### ***Carnegie Legal Counseling (Allard Hall)***

- 401 Main Street - 3rd Floor Gallery
- Drop-in clinic
- Tues: 7:00pm – 9:00pm

### ***CLAS Human Rights Complaints***

- 1140 W Pender St
- 604 622 1100
- Mon, Wed, Fri: 8:30 am – 5:00 pm
- Call 1 888 685 6222 for info

### ***Legal Aid (Access Pro Bono)***

- Call 604 878 7400 for clinic locations
- Or call 1 877 762 6664 for clinic locations

### ***PIVOT***

- 121 Heatley Ave
- Call 604 255 9700 for info
- Appointment only!!

### ***West Coast Leaf Association***

- 409 Granville St
- Call 604 689 8772 for info
- Mon - Fri: 8:30am – 9:00pm

### ***UBC Lawyer Referral***

- 845 Cambie Street
- Call 604 687 3221 for info
- Mon - Fri: 9:30am – 5:00pm

## **13 - Drop Ins and Community Centres**

### ***Carnegie Center***

- 401 Main St
- Open daily: 9:00am – 11:00pm

### ***Dugout***

- 59 Powell St
- Open daily: 7:00am – 4:00pm

### ***DTES Neighborhood House***

-573 E Hastings St

-Call 604 215 2030 for info and events

-Community Drop In:

-Mon-Wed: 10am – 12:00pm

### ***Evelyne Saller Centre***

-320 Alexander St

-Mon - Fri: 9:00 am – 11:00 pm

-Sat - Sun: 10:00 am – 10:00 pm

### ***First United Church Drop In***

-320 East Hastings St

-Mon - Fri: 8:30am – 4:30pm

### ***Gathering Place***

-609 Helmcken St

-Everyday: 10:00am – 8:00pm

***RayCam Community Centre***

-920 E Hastings

-Mon - Fri: 9:00 am – 6:00 pm

-Sat: 9:00 am – 5:00 pm

***Powell Street Getaway***

-528 East Hastings

-8:00am - 10:00pm

***Seniors Drop In Centre***

-411 East Hastings

-Mon – Fri: 8:00am – 3:00pm

-Sat: 8:00am – 2:00pm

**14 - Employment Resource**

***Aboriginal Connections to Employment***

-390 Main St

-Monday – Friday: 9:00am – 4:00pm

## **Access**

- 1607 E Hastings
- Monday – Friday: 8:00am – 4:30pm

## **Cash Corner**

- Corner of 2<sup>nd</sup> and Ontario
- Pickup for under the table day labour

## **Labour Ready**

- 1688 E Broadway
- Open at 5:30am

## **Labour Unlimited**

- 2957 Commercial Dr
- Open at 6:00am

## **East Side Works**

- 57 E Hastings St
- Mon – Fri: 10:00am – 4:00pm

### ***Embers***

-111 W Hastings #240

-604 692 0781

-Mon – Fri: 5:30 am – 4:30 pm

-Sat: 6:00 am – 9:00 pm

-Sun: Closed

### ***Megaphone / Hope in Shadows***

-312 Main St

-Call 604 255 9701

-Mon – Fri: 9:00am – 5:00pm

### ***Mission Possible***

-659 E Hastings St

-Mon – Fri: 9:00am – 4:30pm

### ***Trades Labour Corporation***

-1265 Main Street

-5:30am – 6:00pm

### ***United We Can***

- 449 Industrial Ave
- 7:30am – 6:00pm

### ***Work BC Employment Centre***

- 134 E Hastings Street
- Mon – Tue: 8:00am – 4:30pm
- Wed: 8:00am – 1:00pm
- Thurs – Fri: 8:00am – 4:30pm
- Sat: 10:00am – 2:00pm

### ***Workforce***

- 1169 Main St
- Mon – Sat: 6:00am – 6:00pm

## **15 - ID Services**

### ***Carnegie Outreach***

- 392 Powell St
- 604 665 3318
- Assistance with getting new ID

- Have ID storage bank
- Drop-in anytime between:
  - Mon - Fri - 9:00 pm - 4:00 pm

### ***Kettle Society***

- 1725 Venables St
- 604 251 2801
- Drop-in anytime between:
  - Mon - Fri - 8:30 am - 7:00 pm
  - Sat: 10:00 am - 4:00 pm
  - Sun: 10:00 am - 5:00 pm

## **16 - Junk Removal and Recycling**

### ***1-800-Got-Junk***

- 920 E Hastings
- 1 800 468 5865
- Mon – Sun: 6:00 am – 11:00 pm

### ***Bill's Rubbish***

- Call 604 399 5865 for info



## ***Freshstart***

-Call 604 637 6400 for info

## **17 - Internet / Phone Access**



### ***Aboriginal Connections to Employment***

-390 Main St

-Monday – Friday: 9:00am – 4:00pm ( 

### ***Carnegie Center***

-401 Main St

-Open daily: 9:00am – 11:00am ( 

### ***Dugout***

-59 Powell St

-Open daily: 7:00am – 4:00pm (



### ***Insite***

-139 E Hastings

-Everyday: 9:00am - 2:30am (


### ***Embers / East Side Works***

-57 E Hastings St

-Mon – Fri: 10:00am – 4:00pm ( 

### ***Gathering Place***



-609 Helmcken St



-Everyday: 10:00am – 8:00pm ( 



### ***Ray-Cam Centre***

-920 E Hastings St

-Hours:



-Mon – Fri: 9:00 am – 10:00 pm ( 

-Sat: 9:00 am – 5:00 pm ( 

-Sun: 12:00 pm – 4:00 pm ( 

### ***UBC Learning Exchange***

-612 Main Street

-Mon – Fri: 8:30am – 4:30pm ( 

### ***VPL nəcə?mat Strathcona Branch***


-730 E Hastings Street



-Mon – Fri: 9:00am – 9:00pm ( )

-Sat - Sun: 9:00am – 6:00pm ( )



### ***Work BC Employment Centre***

-134 E Hastings Street

-Mon – Tue: 8:00am – 4:30pm ( )

-Wed: 8:00am – 1:00pm ( )

-Thurs – Fri: 8:00am – 4:30pm ( )

-Sat: 10:00am – 2:00pm ( )

## **18 - Crisis Lines**

### ***1-800-Sucidie***

-Call 1 800 872 3311 for assistance

### ***Trans Health Line***

-Call 1 800 999 1519 for assistance

## ***WAVAW Crisis Line for Women***

-Call 1 877 392 7583 for assistance

## **19 - Tax Services**

### ***First United Tax Clinic***

-320 East Hastings St

-Intake hours:

-Mon / Wed: 1:00pm – 2:00pm

-Call 1 800 872 3311 for assistance

## **20 - Welfare Resources**

### ***Atira Legal Advocacy Program***

-101 East Cordova

-604 537 1307 – Ext 114

-Women's and family services lawyer

-Open Mon-Fri: 9:00 am – 5:00 am

### ***Carnegie Outreach***

- 392 Powell St
- Assistance with welfare
- Drop-in anytime between:
  - Mon - Fri - 9:00 pm - 4:00 pm

### ***First United Church Advocacy***

- 542 E Hastings St
- Drop in housing advocacy
- Mon, Wed, Fri: 9:00 am -11:00 am
- Tues, Thurs: 12:30 pm - 2:30 pm

## **21 - Youth Resources**

### ***A – Jobs***

### ***Bladerunners***

- 1607 E Hastings
- Monday – Friday: 8:00am – 4:30pm

### ***Drive Youth Employment Services***

-2106 Commercial Drive

-604 253 9675

-Drop-in anytime between:

-Mon - Fri - 10:00 am - 4:30 pm

### ***Street Youth Job Action***

-Need more info

### ***Urban Native Youth Association***

-44 East Cordova

- 604 254 7732

-Open Mon-Fri: 9:00am – 5:00pm

### ***YWCA Career Zone***

-1256 Granville – 2<sup>nd</sup> Floor

-604 605 4666

-Drop-in anytime between:

-Mon - Fri - 10:00 am - 5:00 pm

## ***B- Shelters for Youth***

### ***Covenant House***

- 1302 Seymour Street
- Call 604 638 4438 for info

### ***Directions Youth Services***

- 1138 Burrard Street
- Call 604 633 1472 for info

## ***C - Detox***

### ***Directions Youth Services***

- 1138 Burrard Street
- Call 604 633 1472 for info

### ***Plea Youth Detox***

- 3894 Commercial Street
- Call 604 708 2616 for info

## **YouthCo**

- 568 Seymour St #205
- Call 604 688 1441 for more info

## **23 - Public Transportation**

### ***Handy Dart***

- Shared ride service
- For people with disabilities
- Call 604 575 6600 for info

### ***Northern Health Connections***

- Medical bus connections
- Travels to Northern BC
- Call 1 888 647 4997 for info

### ***Saferide***

- Shared ride service
- Nighttime transit service
- Call 604 708 9957 for info